Curriculum Vitae

JORGE GAETE, MD, MSc, PhD

Monseñor Álvaro del Portillo 12455, Las Condes, Santiago, Chile.

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Birth date:	14 November 1973.
Civil status	Married, four children.
Profession:	Medical Doctor.
Speciality	Psychiatrist.
Higher degree	PhD
Nationality	Chilean.
ORCID	https://orcid.org/0000-0002-6650-6018

ACADEMIC APPOINTMENTS

2026-present	Adjunct Researcher, Line 4 Well-being and Integral Health, Center for the Well-Being and Development of Adolescents and Children in the Digital Age (BAND), ANID/SCIA/CIN250046.
2025	Clinical Research Fellow, Centre for Addiction and Mental Health (CAMH), University of Toronto, Canada.
2022-present	Full Professor. Faculty of Education. Universidad de los Andes. Chile.
2020-present	Director, Research Center for Student Mental Health (ISME), Universidad de los Andes. Chile.
2020-2022	Associate Professor. Faculty of Education. Universidad de los Andes. Chile
2018-2023	Prevention Advisor, Children and Adolescents Office, Municipality of Lo Barnechea, Chile.
2018-2019	Chairman of the Department of Public Health and Epidemiology, Faculty of Medicine, Universidad de los Andes, Chile.
2017	Clinical Research Fellow in Child and Adolescent Psychiatry, South London and Maudsley NHS Foundation Trust, Institute of Psychiatry, King´s College London.
2015-2017	Postdoctoral Research Fellow, London School of Hygiene & Tropical Medicine. United Kingdom.
2013-2019	Associate Professor. Faculty of Medicine. Universidad de los Andes. Chile.
2012-2014	Chairman of School of Psychology. Universidad de los Andes.
2011	Vice-Chair of School of Psychology. Universidad de los Andes.
2010-2011	Council member, School of Psychology. Universidad de los Andes.
2002-2012	Assistant Professor. School of Psychology. Universidad de los Andes. Chile.

EDUCATION

2009-2010	Diploma in Philosophy of Medicine. Universidad de los Andes, Chile.

2005-2009 Doctor of Philosophy (PhD) in Psychiatric Epidemiology, University of Bristol, United Kingdom.

2002-2004 Master of Science (MSc), Child and Adolescent Clinical Psychology. University of Chile. Chile.

- Approved with Maximum Distinction: **6.4** *(Grade scale 1.0 to 7.0)*

1999-2002 Residency of Adult Psychiatry. University of Chile. Chile.

- Approved with Maximum Distinction: **6.5** *(Grade scale 1.0 to 7.0)*
- Best Trainee Award in the Residency of Psychiatry, 2002.

August 1998 Visiting Scholarship in the Department of Child and Adolescent Psychiatry. Tutor: John Huxsahl, MD. Mayo Clinic, Rochester MN, USA.

- Qualification: Maximum Distinction.

1992-1999 Medical Doctor (MD). Pontificia Universidad Catolica de Chile. Chile.

- Approved with Maximum Distinction: **6.3** *(Grade scale 1.0 to 7.0)*
- Promotion Ranking: 16/72
- "National Medical Qualification": **6.4** *(Grade scale 1.0 to 7.0).*

RESEARCH INTERESTS

General Areas

- Mental health prevention on children and adolescents.
- Health-promoting behaviours among children and adolescents
- Developmental psychopathology.
- Psychotherapeutic treatment.

Specific Areas

- Effectiveness of universal, selected and indicated preventive intervention on mental health among children and adolescents.
- Effectiveness of school-based interventions against bullying, substance use problems and other risk factors.
- To study risk and protective factors associated with psychopathology among children and adolescents.
- Mediating factors associated to the Psychotherapeutic effusiveness.

HONORS AND AWARDS

2020 **Second Place Research Award**. "Validation of the Substance Use Risk Profile Scale (SURPS) in the adolescent population in Chile". Gaete J, Gana S, Valenzuela D, Gonzalez C, Alvear M, Ljubetic B. XXXVII SOPNIA Congress, October 8-11, 2020.

2019 **Best Research Award** for the Presentation "Acceptability and feasibility study of I Can Problem Solve (ICPS) program in Chile to prevent mental health problems among preschoolers". III Health Sciences Congress. Universidad de los Andes. August 1-2, 2019. Santiago, Chile

2017 **Ideas Lab Award**. Selected to participate in the Ideas Lab week funded by The Ludwig Boltzmann Gesellschaft with other young researchers aiming to propose a

research project on "Children of Mentally Ill Parents". The Ideas Lab took place in Vienna, Austria on 24-28 May 2017.

2014 **Postdoctoral Research Fellowship Award** from Government of Chile (CONICYT), to support a Postdoctoral Research Fellowship at London School of Hygiene and Tropical Medicine from 1st July 2015-30th June 2017.

2012 **Travel Award** for the 20th European Congress of Psychiatry.

2007 **NIDA-CICAD Research Award**, for PhD project. The objective of this award is to continue with the research to understand the causes of substance abuse disorders among Latin American people.

2006 **Beca Presidente de la República de Chile** (Doctoral Chilean National Scholarship). **3rd place** in "Medical Doctors List".

2004 **Alβan Scholarship**. Doctoral scholarship programme from the European Commission. **2nd place** in general unique list.

2002 **Best Trainee Award**, in the Residency of Psychiatry. Chile.

2002 **Best Poster Research Award** for the Poster Presentation: "Residual Symptoms and stepped treatment for depression in primary care in women". Rojas G, Solís J, Fritsch R, **Gaete J**, Araya R. 57th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. Valdivia, Chile, October 10th-12th, 2002.

2001 **Best Treatment Research Award** Stepped Treatment of Major Depression in the Primary Care. **Gaete J**, Rojas M, Rojas G, Fritsch R, Romero ME, Araya R. Third Congress of Family Medicine. Santiago, Chile, August 6th-7th, 2001.

1999 Ranking in the Promotion of Medical Doctors in Pontificia Universidad Católica de Chile: 16/76.

1991 **Best Student Award** at Juan Abate Molina High School. Talca. Chile.

MEMBERSHIPS PROFESSIONAL CERTIFICATIONS

2017-present World Association for Infant Mental Health (WAIMH).

2016-present The Association for Child and Adolescent Mental Health (ACAMH).

2016-present Chilean Scientific Society of Psychiatry and Neurology of Children and Adolescents (SOPNIA).

2005-present Chilean Scientific Society of Neurology, Psychiatry and Neurosurgery (SONEPSYN).

ADVISOR

2024 Scientific Advisor for the "Exploradores del Poniente 2024" School Research and Innovation initiative, organized by the Explora Metropolitan Region South-West Regional Associative Project. The project "Relationship between the COVID-19 pandemic and cases of psychosis in adolescents" was developed by students from the Liahona Cordillera School in the commune of La Florida.

PROFESSIONAL CERTIFICATIONS

2025 Certified Trainer in CARIBOU Program for Adolescent Depression, University of Toronto, Canada, March 31 to July 30, 2025.

2023	Re-certification on KiVa antibullying program as trainer.
2023	"Raising a Thinking Child" (RaTC) Program certified Train-of-Trainers (TOT). This program for fathers and mothers of children ages 4 to 8 provides parenting skills in the development of problem-solving skills among children. This is an add-on to the "I Can Problem Solve" program.
2023	THINK:KIDS' COLLABORATIVE PROBLEM SOLVING® Tier One Intensive Training, certified facilitator. This program helps members of the school community support the development of social-emotional skills for students with disruptive behaviors.
2020	0-12 Triple P Primary Care, certified facilitator.
2020	DBT in Schools: Skills Training for Emotional Problem Solving for Adolescents (STEPS-A), certified facilitator. This program aims to reduce emotional problems and suicidality in adolescents.
2018	"I Can Problem Solve" Program certified Train-of-Trainers (TOT).. This program, implemented by early childhood educators in Pre-Kindergarten and Kindergarten students, promotes the development of problem-solving skills.
2017	Preschool Self-Regulation Assessment (PSRA), certified Train-of-Trainers (TOT)
2017	Minnesota Executive Function Scale (MEFS), certified Train-of-Trainers (TOT)
2017	Autism Diagnostic Observation Schedule – 2, certified interviewer.
2016	KiVa antibullying program certified trainer.
2011	Across Ages Intergenerational Program certified trainer.
2004	Diagnostic Interview Schedule for Children (DISC-IV), certified interviewer.
2001	MINI International Neuropsychiatric Interview, certified interviewer.

CLINICAL EXPERIENCE

2024-present	Private practice at Clinic San Carlos, UC Christus, Chile.
2021-2024	Private practice at the Mental Health and Wellness Center, Santiago, Chile.
2017	Clinical assessment of inpatients at the Acorn Lodge Children's Unit, Bethlem Royal Hospital. Supervised by Professor Marinos Kyriakopoulos. This unit treats patients aged 6 to 13 years with severe psychiatric disorders. South London and Maudsley NHS Foundation Trust, Institute of Psychiatry, King's College London.
2012-2014	Adolescent Psychiatry Care at the University of the Andes Health Center, San Bernardo. Universidad de los Andes
2010-2013	Private clinical practice in Adolescent Psychiatry. San Carlos UC Clinic. Pontifical Catholic University of Chile.
	Psychiatric Expert Report on Cases Referred by the Ecclesiastical Tribunal.
2002-2004	Psychiatric Care at the University de los Andes Clinical Field, "Clínica del Carmen, Outpatient Clinic"
2002-2004	Private clinical practice. Santa Sofía de las Condes Institute.
2002-2004	Psychiatric Care at the Addiction Clinic. Tabancura Polyclinic.

RESEARCH PROJECTS (33 projects)

2026-2027 1. Municipalidad de Lo Barnechea. ID 2735-49-LE26: "Servicio de acompañamiento técnico especializado en intervenciones de prevención del consumo de drogas para comunidades escolares" [Specialized technical support service for drug use prevention interventions in school communities]. **PI Chile: Jorge Gaete** (Universidad de los Andes). Budget Approved: CL$ 28,800,000 (US$ 31,432).

2026-2031 2. National Agency of Research and Development (ANID). **Center of Excellence ANID/SCIA/CIN250046. "**Center for the Well-Being and Development of Adolescents and Children in the Digital Age (BAND). Director: Magdalena Claro Tagle. **Associate Researcher: Jorge Gaete.** Budget Approved: CL$ 6.089.430.632. (US$ 6,637,479.39)

2026-2030 3. National Agency of Research and Development (ANID). **Fondecyt Regular Nº1260663** "Estimulación temprana de habilidades regulatorias claves del desarrollo cognitivo, emocional y social: enriqueciendo la etapa de educación parvularia" [Early stimulation of key regulatory skills for cognitive, emotional, and social development: enriching the preschool education stage]. **Co-Investigator: Jorge Gaete** (Universidad de los Andes). Budget Approved: CL$ 202.000.000 (US$ 220,588.56).

2026-2030 4. National Agency of Research and Development (ANID). **Fondecyt Regular Nº 1261819.** "Evaluation of the Acceptability, Feasibility and Exploration of the Efficacy of an Integrated Care Pathway CARIBOU in Reducing Depressive Symptoms in Adolescents with Major Depressive Episode in Primary Care Centers". **PI Chile: Jorge Gaete** (Universidad de los Andes). Budget Approved: CL$ 258.674.000 (US$ 282,155.65).

2025-2029 5. National Agency of Research and Development (ANID). **Fondecyt Regular Nº: 1250325**. **"**Evaluación de la efectividad de una intervención para reducir ideación suicida en adolescentes de enseñanza media: Un ensayo controlado randomizado por cluster" [Evaluation of the Effectiveness of an Intervention to Reduce Suicidal Ideation in High School Adolescents: A Cluster Randomized Controlled Trial]. **Co-Investigator: Jorge Gaete** (Universidad de los Andes)

2025-2026 6. **FAI interuniversitario (FAI-UANDES-UCN-04 2024)** Universidad Católica del Norte-Universidad de los Andes, (Fondo Apoyo a la Investigación 2025-2026) Montoya, M.F; Bas, T., Vidal, V., Jaque, D & Gaete, J. Percepciones de la comunidad educativa sobre inclusión de la discapacidad en educación superior. **Co-Investigator: Jorge Gaete** (Universidad de los Andes)

2023-2025 7. Ministry of Education, Chile **UAN23101** CONCURSO ÁREAS ESTRATÉGICAS SUBSISTEMA UNIVERSITARIO FONDO DE DESARROLLO INSTITUCIONAL AÑO 2023: "Diseño de políticas y planes de acción para el cuidado de la Salud Mental Estudiantil y prevención de la Conducta Suicida en estudiantes de pregrado en la Universidad de los Andes." [Design of policies and action plans for the care of Student Mental Health and prevention of Suicidal Behavior in undergraduate students at the Universidad de los Andes]. **PI Chile: Jorge Gaete** (Universidad de los Andes).

2023-2024 8. Municipalidad de Lo Barnechea, **ID 2735-175-LE22**: "Mindfulness for adolescente in Lo Barnechea Municipality [Atención Plena o Mindfulness para Adolescentes Beneficiarios de la Comuna de Lo Barnechea]" **PI Chile: Jorge Gaete** (Universidad de los Andes).

2023-2024 9. Municipalidad de Lo Barnechea, **ID 2735-186-LE23**: "Servicio de supervisión técnica para implementación de programa preventivo de acoso escolar" [Technical supervision service for the implementation of a school bullying prevention programme]. **PI Chile: Jorge Gaete** (Universidad de los Andes).

2022-2024 10. National Agency of Research and Development (ANID). **Fondef I+D Nº ID22I10126** "Japi: Cognitive, Emotional and Social Stimulation for Preschool Children". **PI Chile: Jorge Gaete** (Universidad de los Andes).

2022-2024 11. National Agency of Research and Development (ANID). **Fondecyt Regular Nº: 1221034.** Aplicación de una intervención basada en mindfulness en educación media. Impacto en los procesos de enseñanza aprendizaje y en la promoción de la salud mental y bienestar del profesorado y alumnado [Implementation of an intervention based on mindfulness in secondary education. Impact on the teaching-learning processes and the promotion of mental health and well-being of teachers and students]. **Co-Investigator: Jorge Gaete** (Universidad de los Andes)

2022-2024 12. National Agency of Research and Development (ANID). **Fondecyt Regular Nº: 1221349** "Raising children and adolescents with intellectual disabilities and challenging behaviors: a mixed methods study" [La crianza de niños, niñas y adolescentes con discapacidad intelectual y conductas desafiantes: Estudio de métodos mixtos]. **Co-Investigator: Jorge Gaete** (Universidad de los Andes)

2022-2025 13. National Agency of Research and Development (ANID). **Fondecyt Regular Nº: 1221230** "Efficacy of an application for mobile phones for early intervention of depression and anxiety in young university students" [Eficacia de una aplicación para teléfonos móviles para intervención temprana de depresión y ansiedad en jóvenes universitarios]. **Co-Investigator: Jorge Gaete** (Universidad de los Andes)

2021-2024 14. National Agency of Research and Development (ANID). **Fondecyt Regular Nº: 1210093** "Testing de effectiveness of a CBT online-based program to reduce suicide ideation among school adolescents in Chile: A cluster randomized controlled trial". **Co-Investigator: Jorge Gaete** (Universidad de los Andes)

2021-2024 15. National Agency of Research and Development (ANID). **Fondecyt Regular Nº: 1210989** "Desarrollo temprano de habilidades académicas en el aula: efecto a corto y mediano plazo de un juego en Tablet que estimula habilidades cognitivas, emocionales y sociales, para ninñas y niños de PreKinder". **Co-Investigator: Jorge Gaete** (Universidad de los Andes)

2020-2022 16. Chilean National Grant for Research and Development in Health – **FONIS- SA19I0115.** Title: "Evaluation of the Effectiveness of the Social Competence Promotion Program for Young Adolescents (SCPP-YA) for Substance Use Prevention in Chile". **PI Chile: Jorge Gaete** (Universidad de los Andes). US$ 76,219. ClinicalTrials.gov: No NCT04236947.

2019-2021 17. Ministry of Education Grant - **FDI UAN1901**. Title: "Prevalence of Mental Health Problems Among Undergraduate Students at the Universidad de Los Andes". **PI Chile: Jorge Gaete** (Universidad de los Andes). US$ 12,700. ClinicalTrials.gov: No NCT04447690.

2019-2022 18. Chilean National Grant for Scientific and Technological Development – **Fondecyt Regular Nº 1191282**: Title: "Do substance use treatments improve health outcomes among patients? Population risk estimates using a registry-based retrospective cohort design". **PI**: Alvaro Castillo Carniglia (Universidad Mayor); **Co-Investigator: Jorge Gaete** (Universidad de los Andes). US$ 152,439.

2018-2021 19. Chilean National Grant for Scientific and Technological Development – **Fondecyt Regular Nº 1181724**. Title: "Unplugged, a drug use prevention program: adaptation and evaluation of effectiveness among Chilean students". **PI Chile: Jorge Gaete** (Universidad de los Andes). US$ 378,000. ClinicalTrials.gov: No NCT04236999, and NCT04566627.

2016-2019 20. Joint project - New Learning Environments and Technologies (Academy of Science of Finland and CONICYT, Chile) - **AKA-EDU/15**. Title: KiVa anti-bullying program in Chile: Evaluation of effectiveness with and without the digital game component. **PI Finland:** Christina Salmivalli (University of Turku). **PI Chile: Jorge Gaete** (Universidad de los Andes). ClinicalTrials.gov Identifier: NCT02898324. US$ 250,000.

2017-2019 21. Foundation San Carlos de Maipo Grant. Title: Mental health prevention among pre-schoolers: a pilot study of the Chilean adaptation of I Can Problem Solve (ICPS) program. **PI Chile: Jorge Gaete** (Universidad de los Andes).

2017-2018 22. **Wellcome Trust Award**. Title: Development, acceptability and feasibility of a digital game aiming to promote cognitive and socio-emotional learning skills among pre-schoolers. **PI United Kingdom:** Prof Ricardo Araya (King's College London). **PI Chile: Jorge Gaete** (Universidad de los Andes). US$174,000.

2014-2016 23. Chilean National Grant for Research and Development in Health – **FONIS- EVS-13I0100**. Title: Familial influences on health promoting behaviour development among early adolescents. **PI: Jorge Gaete** (Universidad de los Andes). US$38,000.

2012-2014 24. Chilean National Grant for Scientific and Technological Development **Fondecyt de Iniciación Nº 11121541**. Title: "The association between school-related factors and smoking amongst Chilean adolescents: a multilevel study". **PI: Jorge Gaete** (Universidad de los Andes). US$36,000.

2012-2015 25. Chilean National Grant for Scientific and Technological Development – **Fondecyt Regular Nº 1121107**. Title: Trajectories of delinquency and drug use among young offenders. **Co-PI: Jorge Gaete** (Universidad de los Andes). US$155,000.

2008-2012 26. **Wellcome Trust Award.** Title: School-based intervention to improve depressive symptoms among Chilean adolescents. Principal Investigator: Ricardo Araya. (University of Bristol, UK). **Collaborator: Jorge Gaete** (Universidad de los Andes). US$520,000

2010-2012 27. Internal Research Grant – Universidad de los Andes (**IN0GTO201030)**. Title: Critical appraisal of Chilean validation studies of psychological and psychiatric instruments. **Co-PI: Jorge Gaete** (Universidad de los Andes). US$4,000.

2011 28. Technical advisory project for CONACE (Ministry of the Interior, Chile): **"Programa Te Acompaño"**, adaptation of a selective prevention programme for drug and alcohol use for 5th and 6th grade children and their families in vulnerable schools. **Project Director: Jorge Gaete.**

2009-2011 29. Internal Research Award –Universidad de los Andes (**IGNOTO200926)** Title: Risk factors for tobacco, alcohol and drug use among adolescents. **PI: Jorge Gaete** (Universidad de los Andes). US$4,000.

2005-2009 30. PhD research project: "The association between school bonding and smoking amongst adolescents in Chilean schools". University of Bristol (United Kingdom), Department of Community Based Medicine.

2003-2004 31. MSc thesis project: "Programa Mentes Únicas" [Unique Minds Programme]: efficacy of a group family therapy programme to improve family functioning and the core and associated symptoms of attention deficit disorder with/without hyperactivity. Universidad de Chile.

2003-2004 32. **Co-Investigator:** "Impacto de los síntomas residuales en el pronóstico y calidad de vida de pacientes con depresión mayor" [Impact of residual symptoms on prognosis and quality of life of patients with major depression]. Faculty of Medicine, Universidad de Chile.

2003 33. Scale advisor: "Salud Oral y Calidad de Vida" [Oral health and quality of life] project. Concurso Extraordinario DID 2002, Universidad de Chile.

PUBLICATIONS (total: 114)

2026

1. Alonso, J., Petukhova, M. V., Lee, S., Sampson, N. A., Altwaijri, Y. A., AlHadi, A. N., Al-Saud, N. K., Andersson, C., Auerbach, R. P., Ballester, L., Bantjes, J., Bendtsen, M., Benjet, C., Berman, A. H., Carrasco, P., Chan, S. C. N., Cohut, I., Crockett, M. A., Cuijpers, P., . . . Kessler, R. C. (2026). Mental disorders & self-injurious thoughts and behaviors predict high risk of role impairment among university students - results from the world mental health international college student initiative. *Journal of Affective Disorders*, *397*, 120847. https://doi.org/https://doi.org/10.1016/j.jad.2025.120847. (**Gaete J**, co-author)
2. Yáñez Lizana J, Fuentes Ferrada R, Núñez D, Martínez V, **Gaete J**, MacGinty S, & Langer AI (2026). The Mediating Role of Psychological Inflexibility between Psychotic Experiences and Mental Well-being in University Students. International Journal of Psychology & Psychological Therapy, 26, 1, 79-92.
3. Avalos-Tejeda, M., Langer, Á.I., Crockett, M.A. Martínez, V., **Gaete, J**., Mac-Ginty, S., Nuñez, D. Experiential avoidance and mental health in university students: exploring novel indices for bridge communities and node links. *Current Psychology* (2026) 45, 664. https://doi.org/10.1007/s12144-026-09243-x
4. Langer, Á., Salazar-González, J., Silva, M., **Gaete, J.**, et al. An Observational Implementation Study of a Mindfulness-Based Intervention in Socioeconomically Disadvantaged Schools: Findings from a Mixed-Methods Approach. *Mindfulness* (2026). https://doi.org/10.1007/s12671-026-02958-9

5. Morales, D., **Gaete, J.**, Robinson, J., Núñez, D. Latent Profile Analysis Reveals Four Distinct Adolescent Mental Health Patterns for Targeted School Interventions. *Child Psychiatry Hum Dev* (2026). https://doi.org/10.1007/s10578-026-02073-9
6. **Gaete, J.**, Ríos, N., Rojas-Barahona, C.A., et al. Japi 2.0, a gaming platform to stimulate cognitive and socio-emotional skills in early childhood: results of a pilot randomized controlled trial. *Child Adolesc Psychiatry Ment Health* (2026). https://doi.org/10.1186/s13034-026-01133-1
7. **Gaete, J.**, Ríos, N., Ramírez, S., et al. Six-month follow-up of the 'Mi Mejor Plan' school-based prevention program: a pilot cluster randomized controlled trial among early adolescents in Chile. *BMC Public Health* (2026). https://doi.org/10.1186/s12889-026-28548-x
8. **Gaete, J.**, Meza, D., Robinson, J., Núñez, D. Evaluation of the effectiveness of Reframe-IT+ to prevent suicidal ideation and other mental health outcomes among adolescents in Chile: 3-month, 6-month and 10-month follow-up. *BMC Psychol* (2026). https://doi.org/10.1186/s40359-026-05164-3
9. Crockett, M. A., Martínez, V., Núñez, D., Mac-Ginty, S., Langer, Á. I., **Gaete, J.**, & Léniz, I. (2026). Persistence and Incidence of Suicidal Ideation Among LGBTQ+ University Students. *Journal of Homosexuality*, 1-20. https://doi.org/10.1080/00918369.2026.2689722
10. **Gaete, J.**, Nuñez, D., Ramírez, S., Meza, D., & Robinson, J. (2026). Scaling Up a Blended Digital and Face-to-Face School-Based Suicide Prevention Program for Adolescents: A Quasi-Experimental Study of the Reframe-IT+ Intervention in Santiago, Chile. *Archives of Suicide Research*, 1-21. https://doi.org/10.1080/13811118.2026.2672043
11. Tornero, B., Cárcamo, M., Rengifo, M., Tricio, J., Rojas-Barahona, C. A., & **Gaete, J.** Latent profiles of grit, self-control, belonging, and college motives: differential effects of self-control on academic performance among Chilean university students. *BMC Psychol* 14, 937 (2026). https://doi.org/10.1186/s40359-026-04650-y
12. **Gaete, J.**, Martínez, P., Robinson, J., Núñez, D. Heterogeneous trajectories of suicidal ideation and depressive symptoms during an indicated school-based CBT intervention: a group-based trajectory modeling study. *BMC Psychol* 14, 911 (2026). https://doi.org/10.1186/s40359-026-04644-w
13. Núñez D, Salas F, **Gaete J**, et al. Parental-based prevention interventions to reduce suicidal-related behaviours in adolescents: protocol for a systematic review and meta-analysis. *BMJ Open* 2026;16:e114587. doi: 10.1136/bmjopen-2025-114587
14. Barbett, L., Syropoulos, S., & Capozzoli, J. (2026). Nature connectedness and well-being: Evidence from a multi-national investigation across 75 countries. *Journal of Environmental Psychology*, 110, 102895. https://doi.org/10.1016/j.jenvp.2025.102895. (**Gaete J**, co-author)
15. **Gaete, J.**, Núñez, D., & Courtney, D. (2026). El modelo de resolución colaborativa de problemas (CPS) en niños y adolescentes: fundamentos clínicos y aplicaciones en bullying, conducta suicida y depresión en Chile. *Revista Chilena de Psiquiatría y Neurología de la Infancia y Adolescencia*, 37(2), 54-68.
16. **Gaete, J.**, Ramírez, S., Manríquez-Robles, D., & Godoy, M. I. (2026). Validation of the substance use risk profile scale (SURPS) and associated factors among adolescents in Chile. *BMC Public Health*. https://doi.org/10.1186/s12889-026-29442-2
17. **Gaete, J.**, Ríos, N., Salgado, G., & Nejaz, L. (2026). Acceptability and

feasibility of implementing the I Can Problem Solve (ICPS) program among preschoolers in Chile: results of a pilot randomised controlled trial. *Child and Adolescent Psychiatry and Mental Health*. https://doi.org/10.1186/s13034-026-01178-2

18. Castellano, J., González-Santa Cruz, A., Castillo-Carniglia, Á., & **Gaete, J.** (2026). Association between living arrangements and time to drop out in patients between 18 and 29 years of age, under treatment for substance abuse disorders in Chile, 2010–2019. *Addiction Science & Clinical Practice*. https://doi.org/10.1186/s13722-026-00721-y
19. **Gaete, J.**, Arhuis-Inca, W., Bazalar-Palacios, J., Ipanaque-Zapata, M., Cárcamo, M., Valenzuela, D., & Araya, R. (2026). Traditional bullying and cyberbullying among Chilean schoolchildren: prevalence, socio-economic inequalities, and school contextual factors. *BMC Public Health*. https://doi.org/10.1186/s12889-026-29752-5
20. **Gaete, J., Núñez, D., Romo, V., Ramírez, S., Barrera, F., & Araya, R. (2026). Acceptability and feasibility of a universal online preventive intervention for depression and anxiety among university students: protocol of a pilot randomized controlled trial. Pilot and Feasibility Studies. Accepted for publication (November 2026).**

2025

21. **Gaete, J**., Nuñez, D., Romo, V. *et al.* Acceptability and feasibility of Reframe-IT+U for suicidal ideation in university students: protocol of a quasi-experimental pilot study. *Pilot Feasibility Stud* (2025). https://doi.org/10.1186/s40814-025-01738-x
22. Cárcamo, M., Cumsille, P. & **Gaete, J.** Latent Transition Analysis of Bullying and Victimization Experience in Early Adolescence. *School Mental Health* **17**, 1251–1268 (2025). https://doi.org/10.1007/s12310-025-09761-2.
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91. **Gaete J**, Olivares E, Rojas C, Labbé N, Rengifo M, Silva M, Lepe L, Yáñez C, Chen MY. Smoking and alcohol use among Chilean teenagers 10 to 14 years. Revista Médica de Chile 144: 465-475 **(ISI impact factor: 0.36)**

2015

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2014

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94. Chen MY, Lai LJ, Chen HC, **Gaete J.** Development and validation of the short-form Adolescent Health Promotion scale. BMC Public Health 2014, 14:1106; doi:10.1186/1471-2458-14-1106 (**ISI impact factor: 2.32**)

95. **Gaete J**, Olivares E, Rojas C, Labbé N, Rengifo M, Silva M, Lepe L, Yáñez C, Chen MY. Factors associated with health promoting behaviors among Chilean adolescents. Revista Médica de Chile 2014; 142: 418-427. **(ISI impact factor: 0.36)**

2013

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97. Araya R, Fritsch R, Spears M, Rojas G, Martinez V, Barroilhet S, Vöhringer P, Gunnell D, Stallard P, Guajardo V, **Gaete J**, Noble S, Montgomery AA. School Intervention to Improve Mental Health of Students in Santiago, Chile: A Randomized Clinical Trial. JAMA Pediatrics 2013 Sep 2. **(ISI impact factor: 4.28)**

2012

98. Rojas G, **Gaete J**, Guajardo V, Martínez V, Barroihlet S, Meneses J, Fritsch R, Araya R. Consumo de sustancias y síntomas depresivos en escolares de liceos municipales de Santiago. Revista Médica de Chile 2012; 140:184-191. **(ISI impact factor: 0.36)**

2011

99. Araya R, Montgomery AA, Fritsch R, Gunnell D, Stallard P, Noble S, Martinez V, Barroilhet S, Vohringer P, Guajardo V, Cova F, **Gaete J**, Gomez A, Rojas G. School-based intervention to improve the mental health of low-income, secondary school students in Santiago, Chile (YPSA): study protocol for a randomized controlled trial. Trials. 2011 Feb 19; 12: 49. (**ISI impact factor: 2.21**)

2008

100. Dheeraj R, **Gaete J**, Girotra S, Pal HR, Araya R. Substance use among medical students: Time to reignite the debate. The National Medical Journal of India 2008, 21(2): 75-78. (**ISI impact factor: 0.91)**

2007

101. Araya R, **Gaete J**, Rojas G, Fritsch R, Lewis G. Smoking and common mental disorders: a population-based survey in Santiago, Chile. Social Psychiatry and Psychiatric Epidemiology 2007, 42(11): 874-80. (**ISI impact factor: 2.86)**

2005

102. Fritsch R, Rojas G, **Gaete J**, Araya R, Gonzalez I. Benzodiazepine use in Santiago, Chile. Actas Españolas de Psiquiatría 2005, 33(5): 286-291. (**ISI impact factor: 0.45)**

103. Rojas G, Fritsch R, **Gaete J**, Gonzalez I, Araya R. Use of psychotropic medication in Santiago, Chile. Journal of Mental Health 2005, 14(4): 407-414. (**ISI impact factor: 1.40)**

2004

104. Rojas G, Fritsch R, Galleguillos T, **Gaete J**, Araya R. Use of psychotropic drugs in general population in Santiago, Chile. Revista de Psiquiatría Clínica 2004, 41(2): 15-24. (**LILACS, Latindex)**

105. Solis J, **Gaete J**, Barra L, Martorrell B, Fritsch R. Depression: the importance of residual symptoms. Revista Hospital Clínico Universidad de Chile 2004, 15(3): 176-181. (**LILACS)**

2003

106. Araya R, Rojas G, Fritsch R, **Gaete J**, Rojas M, Simon G, Peters TJ Treating depression in primary care in low-income women in Santiago Chile -a

randomised controlled trial.. Lancet 2003, 361: 995- 1000. (**ISI impact factor: 39.06)**

107. Rojas G, **Gaete J**, González I et al. Tobacco Smoking and Mental Health. Revista Médica de Chile 2003, 131(8): 873-880. (**ISI impact factor: 0.36)**

108. González I, Figueroa A, **Gaete J**, Rojas G. Tobacco Smoking: a public health problem. Revista de Psiquiatría Clínica 2003, 40(1): 45-56. (**LILACS, Latindex)**

2002

109. Rojas G, **Gaete J**, Fritsch R, Rojas M, Araya R. Women, depression and quality of life in primary care. Revista de Psiquiatría Clínica 2002, 39(1): 36-42. (**LILACS, Latindex)**

110. Misrachi C, **Gaete J**, Espinoza I. Quality of life and health, measuring instruments. Magazine of International College of Dentists 2002, 10(1): 94-107. (**LILACS)**

1999

111. Keymer JE, **Gaete J**, Kameid G, Alvarez J. Acetyl cholinesterase and inhibitors: effects upon normal and regenerating nerves of the rat. European Journal of Neuroscience 1999, 1 (3): 1049-57. (**ISI impact factor: 6.91)**

112. **Gaete J**, Förster J. Neurological basis of attention deficit disorder with hyperactivity Pediatría al día 1999, 15(3): 168-71. (**LILACS, Latindex)**

1998

113. **Gaete J**, Kameid, G, Alvarez J. Regenerating axons of the rat require a local source of proteins. Neuroscience Letters 1998, 251: 197 – 200. (**ISI impact factor: 2.15)**

114. Núñez, D., **Gaete, J**., Meza, D., Andaur, J., & Robinson, J. (2022). Testing the Effectiveness of a Blended Intervention to Reduce Suicidal Ideation among School Adolescents in Chile: A Protocol for a Cluster Randomized Controlled Trial. **International Journal of Environmental Research and Public Health**, 19(7), 3947. https://www.mdpi.com/1660-4601/19/7/3947. **(Impact factor: 4.614)**

Chapters in Books

2003

- Arancibia P, **Gaete J**. Chapter 8: Social Phobia (Social Anxiety Disorder). In: Silva H., editor. Psicofarmacología Clínica. Santiago, Chile: Editorial Mediterráneo; 2003
- Solis J, **Gaete J**. Chapter 25: Pharmacological Interactions. In: Silva H., editor. Psicofarmacología Clínica. Santiago, Chile: Editorial Mediterráneo; 2003.

CONFERENCE PRESENTATIONS (total: 89)

2026

- **Gaete J**. Cierre científico del bloque sobre bullying [Scientific closing remarks on bullying]. Presented at the IV Congreso Lo Que De Verdad Importa (LQDVI), in partnership with Universidad de los Andes. May 12th, 2026. Santiago, Chile.
- **Gaete J**. Salud Mental: Depresión en Adolescentes [Mental Health: Depression in Adolescents]. Presented at the Congreso de la Solidaridad 2026, Caritas San Felipe. August 22nd, 2026. San Felipe, Chile.
- **Gaete J**. Reframe-IT+U: prevención indicada de la ideación suicida en estudiantes universitarios [Reframe-IT+U: indicated prevention of suicidal ideation in university students]. Invited speaker at the IV Conferencia Internacional en Salud Mental "Investigación aplicada sobre programas de intervención en la comunidad

universitaria", Universidad Nacional Federico Villarreal (virtual). September 29th, 2026. Lima, Peru.

- Rojas-Barahona CA, **Gaete J**, Castillo R, Dib M, Napolitano N, Angel AM, Gómez Ojeda FA, Fernández A. Symposium "Estimulación temprana de funciones ejecutivas: diversidad e impacto de los programas" [Early stimulation of executive functions: diversity and impact of programmes]. Presented at the XX Congreso Chileno de Psicología, Universidad de Talca. October 8th, 2026. Talca, Chile.
- Castillo RD, Muñoz-Rubke F, Rojas-Barahona CA, **Gaete J**, Valenzuela Á, Morales-Bader D, Salmerón L, Schaffernicht M, Su CS, Hsu CC. Symposium "El carácter dinámico y complejo del aprendizaje, el razonamiento y la adaptación humana" [The dynamic and complex nature of learning, reasoning and human adaptation]. Presented at the XX Congreso Chileno de Psicología, Universidad de Talca. October 8th, 2026. Talca, Chile.
- Gaete J. Tecnologías digitales para la prevención en salud mental de niños, adolescentes y jóvenes: experiencias en Chile [Digital technologies for mental health prevention in children, adolescents and young people: experiences in Chile]. Keynote lecture (virtual), VII International Congress of Science, Technology and Innovation USS 2026, Universidad Señor de Sipán. November 24th, 2026. Chiclayo, Peru. (Scheduled).
- Gaete J. ¿Qué funciona para prevenir el acoso escolar y cuidar la salud mental de los estudiantes? Evidencia y experiencias en colegios chilenos [What works to prevent bullying and protect students' mental health? Evidence and experiences in Chilean schools]. Invited talk, closing seminar of the BiCI project "Convive en el Aula", Colegio San Ignacio Alonso de Ovalle. December 11th, 2026. Santiago, Chile. (Scheduled).
- Gaete J. Panelist, seminar "Factores protectores y de riesgo para la salud mental durante el ciclo universitario" [Protective and risk factors for mental health during university studies], Universidad San Sebastián, Campus Bellavista. December 15th, 2026. Santiago, Chile. (Scheduled).

2025

- **Gaete, Jorge**; Iturra, Carolina; Silva, Marta; Salazar, Jonathan M.; Nowak, Vanessa; Vargas, Aneliz; Martínez, Vania; Núñez, Daniel; Álvaro I. Langer. Title: "Implementación de una Intervención Basada en Mindfulness en la salud mental en docentes de enseñanza media" [Implementation of a Mindfulness-Based Intervention in the mental health of secondary school teachers]. Presented at 42º Congreso SOPNIA, November 22nd, 2025. Concepción, Chile.

2024

- **Gaete J**. Salud mental en la niñez: investigaciones con evidencia [Child mental health: evidence-based research]. Presented at the I Congreso Internacional y XII Congreso de la Asociación Española para la Investigación y el Desarrollo de la Terapia Familiar (AEI+DTF). February 22-24th, 2024. Logroño, Spain.
- Núñez D, **Gaete J**, Meza D, Andaur J, Robinson J. Evaluación de la efectividad de un programa de intervención (Reframe-IT+) para reducir ideación suicida en estudiantes secundarios en Chile: un ensayo controlado randomizado por clústeres [Evaluation of the effectiveness of an intervention programme (Reframe-IT+) to reduce suicidal ideation among secondary school students in Chile: a cluster randomised controlled trial]. Presented at the XVIII Congreso Chileno de Psicología, Universidad del Bío-Bío. October 3rd, 2024. Chillán, Chile.
- Núñez D, **Gaete J**, Meza D, Robinson J. Effectiveness of a blended indicated preventive intervention for suicidality among adolescents in Chile. Presented at the IASP Pan-American Conference. November 19-22nd, 2024. Minneapolis, USA.

- Langer AI, **Gaete J**, Iturra C, Silva M, Salazar J, Nowak V, Vargas A, Martínez V, Núñez D. Factibilidad de una intervención basada en mindfulness en contextos educativos con vulnerabilidad psicosocial [Feasibility of a mindfulness-based intervention in educational settings with psychosocial vulnerability]. Symposium presentation at the ACBS World Conference 2024, Pontificia Universidad Católica Argentina. July 28th, 2024. Buenos Aires, Argentina.
- Cárcamo M, Cumsille P, **Gaete J**. Characterization of latent classes of early preadolescents from their reports of victimization and bullying: a latent class analysis. Presented at the Society for Research on Adolescence (SRA) 2024 Annual Meeting. April 18-20th, 2024. Chicago, USA.
- Cárcamo M, Cumsille P, **Gaete J**. Análisis de la transición latente de la experiencia de perpetración y victimización en la adolescencia temprana [Latent transition analysis of bullying perpetration and victimisation in early adolescence]. Oral presentation at the X Congreso de la Sociedad Científica de Psicología de Chile, Universidad de la Frontera. November 13-15th, 2024. Pucón, Chile.
- **Gaete J**. Curso precongreso "Regulación emocional y Diálogo ICPS" [Pre-congress course: Emotion regulation and ICPS dialoguing]. XLI Congreso SOPNIA. October 23rd, 2024. Pucón, Chile.
- **Gaete J**. Resultados de la implementación del programa "Unplugged" (Yo Sé Lo Que Quiero) para la prevención del consumo de sustancias en adolescentes en Chile. Proyecto Fondecyt Regular Nº 1181724 [Results of the implementation of the Unplugged programme for the prevention of substance use among adolescents in Chile]. Presented at the Simposio IMHAY "Salud mental en contextos educacionales: efectividad de programas preventivos", XLI Congreso SOPNIA. October 24th, 2024. Pucón, Chile.
- Efectividad del programa Reframe-IT+ en la reducción de la ideación suicida en estudiantes de enseñanza media [Effectiveness of the Reframe-IT+ programme in reducing suicidal ideation among secondary school students] (**Gaete J**, co-author). Presented at the Simposio IMHAY "Salud mental en contextos educacionales: efectividad de programas preventivos", XLI Congreso SOPNIA. October 24th, 2024. Pucón, Chile.
- Meinzer MC, Crockett MA, Mac-Ginty S, **Gaete J**, Langer AI, Núñez D, Martínez V, Léniz I. Relación entre los síntomas de TDAH y la depresión e ideación suicida en estudiantes universitarios: el rol protector de la interacción social [Relationship between ADHD symptoms and depression and suicidal ideation among university students: the protective role of social interaction]. Free paper (TLP17) presented at the XLI Congreso SOPNIA. October 23-25th, 2024. Pucón, Chile.
- Núñez D, **Gaete J**, Meza D. Caracterización psicopatológica de adolescentes de población general mediante análisis de perfiles latentes [Psychopathological characterisation of adolescents from the general population using latent profile analysis]. Free paper (TLP03) presented at the XLI Congreso SOPNIA. October 23-25th, 2024. Pucón, Chile.
- Núñez D, **Gaete J**, Meza D, Robinson J, Astudillo C, Martínez I. Identificación de variables predictoras de ideación suicida en adolescentes de población general mediante modelos de aprendizaje automático [Identification of predictors of suicidal ideation among adolescents from the general population using machine learning models]. Free paper (TLP16) presented at the XLI Congreso SOPNIA. October 23-25th, 2024. Pucón, Chile.

2023

- **Gaete J**, Loyola P, Nejaz L, Perry R. Evaluation of the implementation process of Saliendo Aprendo program in vulnerable schools in Santiago, Chile. Poster

presented at the Society for Prevention Research (SPR) 31st Annual Meeting. May 30th-June 2nd, 2023. Washington DC, USA.

- Núñez D, et al. (**Gaete J**, co-author). Developing and testing the effectiveness of a blended intervention to reduce suicidal ideation in Chilean secondary schools: preliminary results of a pilot cluster randomized controlled trial. Presented at Symposium #11 "Multimodal Approaches to Preventing Suicide in Schools: A Four Country Comparison", 32nd IASP World Congress. September 21st, 2023. Piran, Slovenia.
- **Gaete J**. Salud mental en universitarios: proyecto FDI UAN23101 [Mental health in university students: the FDI UAN23101 project]. Presented at the Congreso Internacional Promoviendo Salud en la Educación Superior "Desafíos y oportunidades en el bienestar estudiantil", Pontificia Universidad Católica de Chile. October 26th, 2023. Santiago, Chile.
- Cárcamo M, Ramírez S, Rojas C, **Gaete J**. Bullying en Chile: prevalencia y factores asociados [Bullying in Chile: prevalence and associated factors]. Poster presented at the VII Congreso Chileno de Salud Pública / IX Congreso Chileno de Epidemiología, Universidad de la Frontera. November 9-11th, 2023. Temuco, Chile.
- **Gaete J** (coordinator). Symposium "Prevención de Salud Mental en contextos educacionales" [Mental health prevention in educational settings]. LXXVIII Congreso SONEPSYN 2023. November 18th, 2023. Antofagasta, Chile.
- **Gaete J**, Salgado G, Ramírez S. Resultados de un estudio piloto del programa Yo Sé Lo Que Quiero (Unplugged) en la prevención de consumo de sustancias en adolescentes [Results of a pilot study of the Unplugged programme for the prevention of substance use among adolescents]. Presented at the LXXVIII Congreso SONEPSYN 2023. November 18th, 2023. Antofagasta, Chile.
- Núñez D, et al. (**Gaete J**, co-author). Resultados de un estudio piloto de la intervención Reframe-IT en la prevención de conducta suicida en adolescentes [Results of a pilot study of the Reframe-IT intervention for the prevention of suicidal behaviour among adolescents]. Presented at the LXXVIII Congreso SONEPSYN 2023. November 18th, 2023. Antofagasta, Chile.
- Langer AI, et al. (**Gaete J**, co-author). Efectos de una intervención basada en mindfulness en la salud mental de un grupo de profesores de enseñanza media [Effects of a mindfulness-based intervention on the mental health of secondary school teachers]. Presented at the LXXVIII Congreso SONEPSYN 2023. November 18th, 2023. Antofagasta, Chile.

2022

- Salgado G, Ramírez S, Gana S, Valenzuela M, **Gaete J**. Acceptability and feasibility of "Yo Sé Lo Que Quiero (YSLQQ)" (Unplugged) program: a drug prevention intervention for adolescents in Chile. E-poster presented at the 30th European Congress of Psychiatry (EPA 2022). *European Psychiatry* 2022;65(S1):S242. doi:10.1192/j.eurpsy.2022.624
- Ramírez S, Valdés J, Díaz F, Solorza F, Christiansen P, Lorca G, **Gaete J**. Mental health and associated factors among undergraduate students during Covid-19 pandemic in Chile. E-poster presented at the 30th European Congress of Psychiatry (EPA 2022). *European Psychiatry* 2022;65(S1):S338. doi:10.1192/j.eurpsy.2022.861
- **Gaete J**, Apparcel C, Nejaz L, Sánchez M, Loyola P. Habilidades socioemocionales y calidad de vida en estudiantes involucrados en bullying [Social-emotional skills and quality of life among students involved in bullying]. Oral presentation (platform) at the Congreso SOPNIA 2022.

- **Gaete J**, Apparcel C, Díaz D, Alarcón K, Nejaz L, Sánchez M. Propiedades psicométricas de una escala de competencia social y regulación emocional para pre-escolares en Santiago, Chile [Psychometric properties of a social competence and emotion regulation scale for preschoolers in Santiago, Chile]. Oral presentation (platform) at the Congreso SOPNIA 2022.

2021

- **Gaete J**. 'Saliendo Aprendo': an emotion regulation program to promote the wellbeing of adolescents. Presented at HOLD for Cundill International Networking Series. January 13th, 2021.
- **Gaete J**, Ramírez S, Gana S, Godoy M, Valenzuela M. Validation of the European Drug Addiction Prevention trial questionnaire (EU-Dap) for substance use screening and to assess risk and protective factors among adolescents in Chile. Oral presentation (O038) at the 29th European Congress of Psychiatry (EPA 2021). *European Psychiatry* 2021;64(S1):S87. doi:10.1192/j.eurpsy.2021.258
- **Gaete J**, Valenzuela M, Gana S, Rojas-Barahona C. Effectiveness of the KiVa antibullying program with and without the online game in Chile: a three-arm cluster randomised controlled trial. E-poster (EPP0167) presented at the 29th European Congress of Psychiatry (EPA 2021). *European Psychiatry* 2021;64(S1):S228. doi:10.1192/j.eurpsy.2021.611

2020

- **Gaete J**. Prevención en Salud Mental en Universitarios: Algunas ideas y recomendaciones/Mental Health Prevention among University Students: Some Ideas and Recommendations. Presented at the International Seminar of Mental Health among University Students, organized by IMHAY and Faculty of Education, Universidad de los Andes. October 15th, 2020.
- **Gaete J**. Adicciones y efectos en contexto de Pandemia/Addictions and its effects in the Pandemic Context. Presented at the Virtual Seminar "DE DROGAS Y OTRAS ADICCIONES: LA OTRA PANDEMIA", organized by Pontificia Universidad Católica de Valparaiso, Universidad Técnica Federico Santa María, Universidad de Valparaíso, and Universidad de Playa Ancha. August 7th, 2020.
- **Gaete J**. Desarrollo de habilidades socio-emocionales y su importancia en la salud mental/Development of Social and Emotional Learning Skills and its importance on Mental Health. Webinar organized by Faculty of Education, Universidad de los Andes. June 19th, 2020.
- **Gaete J**. Salud Mental Universitaria Hoy/University Mental Health Today. Webinar organized by Faculty of Education, Universidad de los Andes. June 11th, 2020.

2019

- **Gaete J**. Design description of the research project Fondecyt Regular Nº 1181724 "Unplugged, a drug use prevention program: adaptation and evaluation of effectiveness among students in Chile". Presented at the International Seminar 2019 of the Master in Epidemiology organized by Faculty of Medicine, Universidad de los Andes. April 5th, 2019.
- **Gaete J**. Bullying prevention in Chile. Presented at Seminar Bullying: Principales desafíos de la Región, organized by the Instituto Latinoamericano de las Naciones Unidas para la Prevención del Delito y Tratamiento del Delincuente. May 23rd, 2019. Costa Rica.
- **Gaete J**, Nejaz L, Otegui M, Perry R. School Violence Prevention: A Pilot Study of the Acceptability and Feasibility of "Saliendo Aprendo" Program. Presented at the Society for Prevention Research 27th Annual Meeting. May 28-May 31, 2019.

San Francisco, USA.

- **Gaete J**, Nejaz L, Otegui M, Perry R. Mental Health Prevention in Preschool Children: An Acceptability and Feasibility of the Implementation of the Culturally Adapted Version of I Can Problem Solve (ICPS) Program in Chile. Presented at the Society for Prevention Research 27th Annual Meeting. May 28-May 31, 2019. San Francisco, USA.
- **Gaete J**, Otegui M, Nejaz L, Perry R. Acceptability and feasibility study of I Can Problem Solve (ICPS) program in Chile to prevent mental health problems among preschoolers. Presented at III Jornadas de Salud, Universidad de los Andes. August 1-2nd, 2019. Santiago, Chile.
- **Gaete J**, Valenzuela D, Rojas-Barahona C, Valenzuela E, Araya R, Salmivalli C. Evaluation of the effectiveness of kiva antibullying program in Chile. Presented at III Jornadas de Salud, Universidad de los Andes. August 1-2nd, 2019. Santiago, Chile.
- **Gaete J**. "Prevalencia del consumo de sustancias en adolescentes mujeres, y los factores asociados". Presented at Congreso de la Sociedad de Neurología, Psiquiatría y Neurocirugía de Chile. November LXXIV, 2019.

2018

- Anagnostopoulou N, Alba A, **Gaete J**, Dima D, Kyriakopoulos M. Prevalence of psychotic symptoms in children needing inpatient care: Relationship to diagnosis. Presented at the 26th European Congress of Psychiatry. March 3-6, 2018.
- **Gaete J**. Prevención de Bullying en Chile: Experiencia del programa KiVa. XXXI Conferencia Educacional 2018, organizada por Association of British Schools in Chile. April 7th, 2018.
- **Gaete J**. Regional overview of Adolescent Health Services: Country Spotlight: Chile. Presented at the International Seminar Inmunization in the context of Adolescent Health. Scientific event organized by Sabin Vaccine Institute. July 24th, 2018.
- **Gaete J**. Prevención de Bullying: Resultados de la evaluación del Programa KiVa en Chile. Presented at the International Seminar 2018 of the Master in Epidemiology organized by Faculty of Medicine, Universidad de los Andes. August 3rd, 2018.
- **Gaete J**. "Prevención en Salud Mental Escolar". Presented at Seminario de Prevención Social organized by the Fundación San Carlos de Maipo. September 27, 2018.
- **Gaete J**. Prevención del consumo de sustancias en establecimientos educacionales. Presented at the VI Jornadas de Psicología Clínica y de la Salud: Detección e intervención temprana de psicopatología y conducta suicida en adolescentes, organizad by Faculty of Psychology at Universidad de Talca. September 6th, 2018.
- Gaete J. "Prevención del consumo de sustancias de abuso en adolescentes en Chile: Estudio de la efectividad del programa Unplugged". Presented at Congreso de la Sociedad de Neurología, Psiquiatría y Neurocirugía de Chile. November 9th, 2018.
- **Gaete J**. Clinical outcomes and patient satisfaction following inpatient mental health treatment for childhood-onset schizophrenia spectrum disorders versus

non-psychotic conditions. Presented at the Royal College of Psychiatrists Child Inpatient Special Interest Group Conference. November 16th, 2018.

- **Gaete J**. Clinical correlates of psychotic symptoms in children admitted in a mental health inpatient unit. Presented at the Royal College of Psychiatrists Child Inpatient Special Interest Group Conference. November 16th, 2018.
- **Gaete J**. What was Helpful Questionnaire (WHQ): psychometric properties of a novel tool designed to capture parental perceived helpfulness of interventions in children requiring mental health inpatient care. Presented at the Royal College of Psychiatrists Child Inpatient Special Interest Group Conference. November 16th, 2018.
- Castillo A, Gaete J, Sapaj J. Trastornos por uso de sustancias en usuarios de pasta base del Área Metropolitana de Santiago. Presented at Congreso Salud en Todas 2018: Ciudadanía Construyendo Salud V Congreso Chileno de Salud Pública - VII Congreso Chileno de Epidemiología. December 6-7th, 2018.

2017

- Mourelatou I, **Gaete J**, Hickie O, Kyriakopoulos, M. What was Helpful Questionnaire (WHQ): a novel tool designed to capture parental perceived helpfulness of interventions in children requiring inpatient care. Presented at The Royal College of Psychiatrist International Congress. June 29th, 2017. Edinburgh, United Kingdom.
- **Gaete J**. School-based interventions offer a unique opportunity to prevent violence. Presented at the Eighth Milestones of a Global Campaign for Violence Prevention Meeting, 19-20 October, 2017.

2015

- **Gaete J,** Rojas-Barahona C, Olivares E. Association between school membership and mental health among early adolescents in Chile. Presented at the XV International Meeting of Educational Psychology. November 18th-20th, 2015.
- **Gaete J,** Rojas-Barahona C, Olivares E. Parental Influences on the lifestyles profile of adolescents. Presented at the XXXIII Chilean Congress of Child and Adolescent Psychiatry and Neurology. November 11th-13th, 2015.
- Rodríguez AM, Labbé N, Montero-Marín J, **Gaete J.** Propiedades psicométricas del Children´s Depression Inventory, en una población de niños de 8 a 12 años de la comunidad. Presented at the XXXIII Chilean Congress of Child and Adolescent Psychiatry and Neurology. November 11th-13th, 2015.

2014

- **Gaete J**, Olivares E, Rojas-Barahona C, Villarreal F, Lepe L, Silva M. Consumo de Tabaco y Alcohol en jóvenes de 10 a 14 a los: prevalencia y factores asociados (Tobacco and alcohol use among adolescents aged 10 to 14 years: prevalence and related factors.) Research poster presented at the 69th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October October 10th. Puerto Varas, Chile.
- **Gaete J**, Ortúzar C, Villarreal F, Montgomery A, Araya R. Influencia de factores escolares contextuales en el consumo de tabaco, alcohol y marihuana en adolescentes chilenos: un studio multinivel. (Influence of school context factors on tobacco, alcohol and marihuana use among Chilean adolescents: a multilevel study.) Research poster presented at the 69th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October October 10th. Puerto Varas, Chile

- **Gaete J,** Ortúzar C. The Association Between School-Related Factors and Smoking Amongst Chilean Adolescents: A Multilevel Study. Presented at APA Annual Meeting. New York, USA. May 4th, 2014.

2013

- **Gaete J**, Labbé N. Prevalence of psychiatric disorders among Young offenders in Chile. Presented at 68th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. Viña del Mar, Chile. October 18th, 2013. It was also presented at 8th National Congress of Research on Violence and Delinquency. Santiago, Chile. August 23rd, 2013.

- Olivares E, **Gaete J**, Rojas C, Labbé N, Rengifo M, Silva M, Lepe L, Yañez C. Health-promoting behaviours and associated factors among adolescents. Poster presented at Annual Research Meeting at Universidad de Valparaíso, April 26th, 2013. Viña del Mar, Chile.

2012

- **Gaete J**, Gelmi C, Rengifo MJ, Montgomery A, Araya R. P-27. The association between personal, familial, school and peer factors and smoking behavior among Chilean adolescents. Poster presented at the 20th European Congress of Psychiatry. March 3rd-6th, 2012. Munich, Germany. **Travel Award for the 20 Best International Research Posters.**

2010

- **Gaete J**, Montgomery A, Araya R. The association between school bonding and smoking amongst adolescents in Chilean schools. Free Communication presented at the 18th European Congress of Psychiatry. February 27th-March 2nd, 2010.

2005

- **Gaete J**, Bertuzzi M, Castro L, Chirinos R, Hidalgo N, Restrepo V, Béjares M, Ruiz C. The Unique Minds Program: Group Family Therapy is effective to treat associated symptoms and improve the family functioning in Attention Deficit Hyperactivity Disorder (ADHD) children. Poster presented at the 23rd Annual Congress of the Society of Children and Adolescent Psychiatry and Neurology. November 9th-12th, 2005. **Second place Award**.

2004

- **Gaete J**, Rojas G, Olivares E, Restrepo V, Bejares M, Hidalgo N. Measuring the quality of life in patients with chronic renal failure in haemodialysis and to determine its prognostic value. Poster presented at the 59th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October 28th-30th, 2004. Iquique, Chile.

- **Gaete J**, Rojas G, Olivares E, Restrepo V, Bejares M, Hidalgo N. Relationship between quality of life and depression in patients with chronic renal failure with renal replacement therapy. 59th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October 28th-30th, 2004. Iquique, Chile.

- **Gaete J**, Pizarro A, Rojas G, Olivares E, Restrepo V, Bejares M, Hidalgo N. Factor analysis of the variables related to the quality of life in patients with chronic renal failure with renal replacement therapy. Poster presented at the 59th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October 28th-30th, 2004. Iquique, Chile.

2002

- Rojas G, Fritsch R, **Gaete J**, Rubio M, Araya R. Stepped treatment for major depression in women in primary care. Poster presented at the Regional Congress of the World Federation of Societies of Biological Psychiatry. November 20th-23rd, 2002. Santiago de Chile.

- Rojas G, **Gaete J**, Gonzalez I, Ortega M, Figueroa A, Fritsch R, Araya R. Smoking and risk factors. Poster presented at the 57th Chilean Congress of Neurology,

Psychiatry, & Neurosurgery. October 10th-12th, 2002. Valdivia, Chile.

- Rojas G, Solís J, Fritsch R, **Gaete J**, Araya R. Residual Symptoms and stepped treatment for depression in primary care in women. Poster presented at the Regional Congress of the World Federation of Societies of Biological Psychiatry. Santiago, Chile, November 20th-23rd, 2002, and at the 57th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October 10th-12th, 2002. Valdivia, Chile. **Best Poster Research Award, 2002**

2001

- Solis J, **Gaete J**, Rojas G, Fritsch R, González I, Araya R. Features of Tobacco use in Santiago. Poster presented at the 56th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. November 15th-18th, 2001. Pucón, Chile.
- **Gaete J**, Tapia A, Vásquez R, Olívares E, Aravena N, Rojas G, Fritsch R, Laguna J, González C, Fierro A. Factors influencing quality of life in renal failure patients in haemodialysis. Poster presented at the 56th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. November 15th-18th, 2001. Pucón, Chile.
- Granda A, **Gaete J**, Arancibia P, Zogolín M, Cortez E, Risco L, Véliz L. Test of Fagerstrom in anti-smoking program: relationship with clinical aspects. Poster presented at the 56th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. November 15th-18th, 2001. Pucón, Chile.
- **Gaete J**, Rojas M, Fritsch R, Rojas G, Araya R. Treating Depression in women in primary care. Poster presented at the 56th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. November 15th-18th, 2001. Pucón, Chile.
- **Gaete J**, Tapia A, Vásquez R, Olivares E, Aravena N, Rojas G, Fritsch R, Laguna J, González C, Fierro A. Quality of life in renal failure patients in haemodialysis. Poster presented at the Joined Congress of Chilean Societies of Nephrology, Hypertension and Transplant. September 27th-29th, 2001. Viña del Mar, Chile.
- **Gaete J**, Tapia A, Vásquez R, Olivares E, Aravena A, Rojas G, Fritsch R, Laguna J, González C, Fierro A. Quality of life comparison between patients in haemodialysis and peritonealdialysis. Poster presented at the Joined Congress of Chilean Societies of Nephrology, Hypertension and Transplant. September 27th-29th, 2001. Viña del Mar, Chile.
- **Gaete J**, Rojas M, Rojas G, Fritsch R, Romero ME, Araya R. Stepped treatment for major depression in women in the primary care. Poster presented at the 3rd Chilean Congress of Family Medicine. August 6th-7th, 2001. Santiago de Chile. Best Treatment Research Award 2001.
- Rojas G, **Gaete J**, González MI, Araya R. Gender Differences in Tobacco Use. Poster presented at the American Psychiatric Association 154th Annual Meeting. May, 5tth-10th 2001. New Orleans (LA), USA.

2000

- Rojas G, Fritsch R, Figueroa A, **Gaete J**, González MI, Araya R. Tobacco use: high consumption of a harmful legal drug. Poster presented at the 55th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October 2000. La Serena, Chile.
- Fritsch R, **Gaete J**, Rojas M, Díaz I, Rojas G, Araya R. Women with Major Depression in Primary Care. Poster presented at the 55th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October 2000. La Serena, Chile.
- Pallavicini J, **Gaete J**, Arancibia P Tramadol Dependence. Poster presented at the 55th Chilean Congress of Neurology, Psychiatry, & Neurosurgery. October 2000.

La Serena, Chile.

1997

- **Gaete J**, Kameid G, Alvarez J. Regenerating axons of the rat require a local source of proteins. Poster presented at the X Annual Meeting of the Cell Biological Society, September,2nd-4th 1996, Santiago, Chile.; at the XX National Scientific Congress of Medical students. July 30th -August 2nd, 1997, Santiago, Chile; and at the XII International Scientific Congress of the Latin American Federation of Scientific Societies of Medical students, August 9th-16th, 1997, Sucre, Bolivia.

EDITORIAL ROLES

2022-present	Associate Editor, Perspectives section, Social and Emotional Learning: Research, Practice, and Policy (Elsevier).
2021-present	Editorial Board member, BJPsych International (Cambridge University Press).
2022-2025	Associate Editor, Trials (BioMed Central).

OUTREACH AND KNOWLEDGE TRANSFER

2026	Audio clips for the podcast "Sala de Profes" (BAND Centre). October 2026.
2025	Training day of the Community School for Mental Health and Inclusion Training, Universidad de Aysén: keynote talks "Prevención y consumo de alcohol y drogas en adolescentes y jóvenes" [Prevention of alcohol and drug use among adolescents and young people] and "Prevención de violencia escolar en establecimientos educacionales" [School violence prevention in schools] (Centro Cultural Coyhaique), a technical working group with Universidad de Aysén, COSAM Coyhaique and SENDA, and a discussion with students. October 7th, 2025. Coyhaique, Chile. Webinar "Uso de la Entrevista Motivacional para la Práctica en Salud" [Motivational interviewing in health practice] (speaker), School of Nutrition and Occupational Therapy, Universidad de los Andes. October 15th, 2025.
2024	Training in the KiVa antibullying programme (two cohorts). February 26th to March 1st, 2024. Universidad de los Andes. Education working group convened by Fundación Kiri and Congreso Futuro: "Conceptos y principios de la promoción y prevención en salud mental" [Concepts and principles of mental health promotion and prevention]. March 7th, 2024. Santiago, Chile. Workshop "Prevención de violencia escolar" [School violence prevention]. May 2nd, 2024. Renca, Chile. Panel discussion "Desafíos de la educación superior para la generación actual" [Challenges of higher education for the current generation]. May 10th, 2024. Universidad de los Andes. Webinar "El desafío de la violencia digital" [The challenge of digital violence]. Millennium Nucleus NUDOS. August 23rd, 2024. Training in the "Raising a Thinking Child" programme for parents of Colegio Pedregales. 2024. Expert panel on artificial intelligence and mental health in childhood and youth. Encuentros Congreso Futuro. November 22nd, 2024. Santiago, Chile. Interview on TVN programme "Conectados": "Ansiedad, depresión y cansancio" [Anxiety, depression and tiredness]. December 4th, 2024.

2023	Seminar, Universidad de la Frontera: "Un compañero me ofreció: ¿qué hacer en el contexto escolar para prevenir el consumo de sustancias?" [What can schools do to prevent substance use?] (about 60 attendees). Talks for Fundación Convivencia Digital on cannabis use and its effects, supporting adolescents as parents, evidence-based school violence prevention, and successful bullying prevention programmes worldwide (about 50 attendees each). Webinar for Fundación Convivencia Digital: "El impacto del acoso escolar en la salud mental" [The impact of bullying on mental health] (about 100 attendees). Talk, SENDA Previene Las Condes: "Autocuidado en comunidades escolares" [Self-care in school communities]. Talk for the school community of Colegio Los Arrayanes, San Fernando. September 9th, 2023. Talk, Universidad de los Andes: design of policies and action plans for student mental health and suicide prevention among undergraduate students (about 30 attendees).
2021	Member of the technical working groups defining the results chain for the 2030 Health Objectives, National Health Strategy Department, Ministry of Health of Chile. July 26th to September 10th, 2021.

TEACHING AND SUPERVISION

Courses Taught (Universidad de los Andes)

2026	• Continuing education course "Motivational Interviewing for Mental Health Professionals" (blended learning), School of Occupational Therapy. Co-taught with Yordana Fuenzalida. First semester 2026 (final session: July 28th, 2026). • Lectures in the Diploma in Socio-emotional Well-being and School Coexistence (first edition, 2026): internalizing disorders in children and adolescents. • Workshop course "Collaborative Problem Solving (CPS, Think:Kids)", 4 sessions (October 5th to November 9th, 2026), for Professional Practicum students of Primary Education and Bilingual Primary Education, School of Education, Faculty of Social Sciences.
2025-present	• Course "Biological Basis of Therapy", 4th-Year Psychology Program. School of Psychology, Faculty of Social Sciences, Universidad de los Andes.
2023-present	• Course "Adolescent Psychology in the Educational Context," Secondary Education Program for Graduates (PME), School of Education, Faculty of Social Sciences, Universidad de los Andes.
2019-present	• Courses: "Developmental Psychopathology at School", "School Coexistence", "School Mental Health Promotion and Prevention", and "Evidence-based interventions to prevent School Mental Health problems". All these courses are part of the postgraduate Diploma: School Mental Health.
2018-2019	• Research Seminar I. II, III. Master of Epidemiology.

2017, Second Semester	• Research Seminar III: "How to write a scientific paper", Master of Epidemiology.
2014, Second Semester	• Psychopathology at schools, Psychology Major, 4th Year.
2014, First Semester	• Research in Psychology, Psychology Major, 4th Year.
2013, Second Semester	• Psychopathology at schools, Psychology Major, 4th Year. • Child and Adolescent Psychopathology, Psychology Major, 4th Year
2013, First Semester	• Research in Psychology, Psychology Major, 4th Year. • Developmental Psychopathology, Psychology Major, 4th Year.
2012, Second Semester	• Psychopathology at schools, Psychology Major, 4th Year. • Child and Adolescent Psychopathology, Psychology Major, 4th Year.
2012, First Semester	• Research in Psychology, Psychology Major, 4th Year.
2011, Second Semester	• Psychopathology at schools, Psychology Major, 4th Year.
2011, First Semester	• Research in Psychology, Psychology Major, 4th Year.
2010, Second Semester	• Adult Psychiatry, Psychology Major, 4th Year. • Child and Adolescent Psychiatry, Psychology Major, 4th Year.
2010, First Semester	• Adult Psychopathology. Psychology Major, 4th Year. • Developmental Psychopathology, Psychology Major, 4th Year
2009, Second Semester	• Adult Psychiatry, Psychology Major, 4th Year. • Child and Adolescent Psychiatry, Psychology Major, 4th Year.
2009, First Semester	• Adult Psychopathology. Psychology Major, 4th Year. • Developmental Psychopathology, Psychology Major, 4th Year
2004, Second Semester	• Biological Bases of Treatment. Psychology Major, 4th Year. • Child and Adolescent Psychiatry, Psychology Major, 4th Year.
2004, First Semester	• Developmental Psychopathology, Psychology Major, 4th Year.
2003, Second Semester	• Biological Bases of Treatment. Psychology Major, 4th Year. • Child and Adolescent Psychiatry, Psychology Major, 4th Year.
2003, First Semester	• Developmental Psychopathology, Psychology Major, 4th Year.
2002, Second Semester	• Biological Bases of Treatment. Psychology Major, 4th Year. • Child and Adolescent Psychiatry, Psychology Major, 4th Year.
2002, First Semester	• Developmental Psychopathology, Psychology Major, 4th Year.
2001	• Teaching assistant, Psychopathology course, 3rd Year, School of Psychology, Universidad de los Andes.
1999-2000	• Teaching assistant, 3rd and 4th Year courses, Psychology Program, Universidad de Chile.

1994-1996	• Student assistant, Molecular Neurobiology Unit (tutor: Dr Jaime Álvarez), Pontificia Universidad Católica de Chile. • Student assistant, Department of Histology (tutor: Dr Cecilia Köenig), Pontificia Universidad Católica de Chile.

Master Student Advising (Universidad de los Andes):

Mariarita Bertuzzi	Master in Psychology, Awarded in 2013.
Carolina Barrueto	Master in Psychology, Awarded in 2016.
Sara Ramirez	Master of Epidemiology, Awarded in 2021.
Paula Leal	Master of Epidemiology, Awarded in 2023.
Gabriel Salgado	Master of Epidemiology, Awarded in 2025.

Master or PhD Student Advising (Pontificia Universidad Católica de Chile):

Catalina Ortúzar	Master in Sociology, Awarded in 2014.
Marcela Cárcamo	PhD in Epidemiology, Awarded in 2025.